

VOL. 5 | MARCH 2021

# THE ROOTS NEWS

Thank you for trusting us with your health!



## IMPORTANT DATES & EVENTS:

- Merch Madness - All month long!
- 12th - Dr. Logan's Birthday
  - Get ready to celebrate on Thursday 11th and collaborate with other practice members to make him a gift!
- 21st - Picnic with the Docs
  - Share the gift of health with someone you love by inviting them to a Picnic with the Docs!



## MERCH MADNESS:

TEAM ORANGE? OR TEAM GREY?

Help us spread the message of health and healing by having fun with us in the process!

When you come in for your adjustment you will be assigned a team. During the month we will be gifting our practice members loads of our cool merch. All you have to do is tell your friends and family about our office and we will help them schedule their first appointment. Simple as that! You will get a prize for every person you refer and the practice member who refers the most people will be crowned MVPM (Most Valuable Practice Member) of the season! The MVPM will get an even cooler prize and will be featured on our next newsletter.

## The Johnson Family

So thankful I heard about the benefits of chiropractic and found The Roots during my pregnancy. Within my first treatment I felt better than I had even prior to getting pregnant. I felt fantastic throughout my pregnancy - never suffered the usual discomforts of swelling, headaches, anxiety, sleep loss, or back pain. My labor and delivery was quick and intervention free. I truly believe that was a result of being under Dr. Logan's care leading up to it; ensuring baby was in position and my body was able to open up without interference. Prior to pregnancy I had suffered severe headaches, anxiety attacks, and dizzy spells daily for 15 years.



I have not had to deal with any of those since starting treatments. My baby girl now sees Dr. Logan weekly with me and I notice a huge difference in her happiness and comfort as she is growing and developing!



## CELEBRATING OUR ROOTS FAMILY

*Last month these amazing practice members committed to another year of great health! We are honored to continue serving you!*

### 1+ years:

- Dawson J.
- Nicole W.
- Elizabeth G.
- Ashley H.

### 2+ years:

- Rebecca R.
- Ashley B.

### 3+ years:

- John N.
- Kathryn J.
- Nathan J.
- Jamie J.
- Traci M.